

# **K-Gymnastics Safety Policy – Gymnastics Area Access**

## **Purpose**

The purpose of this policy is to ensure the safety, wellbeing, and effective supervision of all gymnasts during training sessions.

## **Gymnastics Area Access**

For health and safety reasons, **parents, guardians, and spectators are not permitted to remain within the gymnastics training area during classes.** Access to the training floor is restricted to authorised staff and registered gymnasts only.

## **Reasons for This Policy**

- To minimise distractions and allow gymnasts to focus fully on instruction
- To ensure coaches can supervise all participants safely and effectively
- To reduce the risk of accidents or injuries caused by overcrowding
- To comply with safeguarding, insurance, and health & safety regulations

## **Parent Supervision**

- Parents are asked to remain in the designated waiting area or leave the premises during class time, depending on venue facilities.
- Coaches will contact parents immediately should their child require attention or assistance during a session.

## **Exceptions**

- This policy applies to all regular training sessions.
- Any exceptions (e.g. medical or additional support needs) must be agreed in advance with the Head Coach.

## **Compliance**

Failure to comply with this policy may result in a gymnast being unable to participate in the session, in order to maintain a safe environment for all.

## **Acknowledgement**

By enrolling their child at K-Gymnastics, parents and guardians agree to adhere to all club policies, including this safety policy.

## **K-Gymnastics Team**